

DIABETICS

1. INSULIN INJECTIONS:

For patients undergoing procedures where breakfast and possibly lunch are likely to be missed:

- Omit any **short acting insulin** (eg Novorapid, Humalog, Apidra, Humulin R) on the day of procedure.
- Give **one half of immediate / long-acting insulin** (eg Lantus, Levimir, Protophane, Humulin NPH) the night before procedure to provide basal Insulin.
- Omit **combination Insulins** (eg Novolog Mix, Humalog Mix) on the day of procedure.

2. ORAL MEDICATIONS:

Patients with Type 2 diabetes who take oral hypoglycaemic drugs (eg Metformin) are advised to continue their usual routine of oral anti-diabetic medications until the morning of the procedure.

On the morning of the procedure, they should **withhold their oral hypoglycaemic drugs**, but bring into hospital as they may need to take them following the procedure.

Monitor your blood sugars more closely whilst adjusting your medications.

Try to arrange for a **morning procedure** early on list.

If you have any queries, please call the rooms on **9386 5346**.